

WEEK 2.

# Joy



“My spirit rejoices in God my Savior, for the Mighty One has done great things for me.”

Luke 1:47-49



### Introduction (5 Min)

#### Ask the Introductory Question:

Tell us about a time when you were excited. Invite everyone to share their answer.

#### Examples:

- "Jane was excited when her family went on vacation."
- "James was excited about his baby brother being born."

Tell us about a time when you were excited.



### Bible Story (5-10 minutes)

#### Transition into the Story:

Just like we are excited about \_\_\_\_\_, in today's story Mary and her cousin Elizabeth were overjoyed at the news that Mary would give birth to the Savior.

#### Mary Visits Elizabeth

Read [Luke 1:39-56](#)



Mary and Elizabeth were so happy because they knew Jesus, the Savior, was coming!

### Listening Prayer & Journaling (5-10 minutes)

#### Quiet Reflection

- What is God telling you about: Himself, yourself, and others, and what to do?
- You may also talk to God about anything else.
- Write or draw your conversation with God.

Additional Prompt:  
What is something you can rejoice about and thank God for?



Find Ein Karem (Jerusalem) on the map



### Sharing & Praying (10 minutes)

Each person shares about their conversation with God and is prayed for by those sitting next to them.

#### Additional Verses:

[Philippians 4:4](#), [Romans 15:13](#)

